Marlborough Parks & Recreation 2020 Fall Programs

Complete program descriptions available On-line <u>www.marlboroughct.net</u> - click on: "Parks & Recreation" then click on "Programs" Registration now open – online, in person, by mail or by phone (860)295-6203

Youth Programs – Art/Crafts

<u>Artventures – Where The Wild Things Art!</u> – Grades K-4, Fridays, 5:45 – 6:45pm, October 23rd – December 6th at the Marlborough Senior Center. Art adventurers explore original art forms and techniques, discovering clay and collage, painting and drawing, mask-making and decorating, just to name a few! Sculpt colorful monsters, design ceramic robots, decorate birdhouses and wooden guitars, and so much more. Cost is \$99.00 for residents/\$104.00 for non-residents.

Classes and Activities

Skyhawks Mini –Hawk (Soccer, Baseball and Basketball) – Ages 4 – 6, Tuesdays, September 15th – October 20th, 4:30pm – 5:30pm. This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. Registration fee \$85.00 residents/\$90.00 non-residents. This program will be held at Blish Park.

<u>Skyhawks Multi - Sport (Soccer, Baseball and Basketball)</u> – Ages 7 – 10, Tuesdays, September 15th – October 20th, 5:30pm - 6:30pm. This multi-sport program is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. Registration fee \$85.00 residents/\$90.00 non-residents. This program will be held at Blish Park.

<u>Kids Sewing Monthly Sewing Project 101</u> - Fri Oct 9- Scrunchies, Fri Nov 13- Pillowcase, Fri Dec 11- Fleece Earband. All classes are held from 4:30 – 6pm. Kids must know how to thread and operate their own machine independently. All materials included with registration fee. Registration fee \$63.00 resident/\$68.00 non-resident. Class instruction is virtual and provided by Ashley Parker.

<u>Kids Sewing T-shirt Memory Quilt</u> - Saturdays Oct 10, Nov 14, Dec 12, 10 - 11:30am. Kids will need 9-12 tshirts to complete. After enrollment there will be a quick zoom meeting to go over the tshirts, measurements, and supplies required, parent must be present. Participants must be able to work independently. Registration fee is \$43.00 resident/\$48.00 non-resident. Class instruction is virtual and provided by Ashley Parker.

<u>Skyhawks Flag Football Camp</u> – Ages 6 - 10, Mondays, October 19th – November 23rd, 4:00pm - 5:30pm. Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense – all in a fun and positive environment. Registration fee is \$99.00 residents/\$104.00 non-residents. This program is held at Blish Park.

<u>Horseback Riding Lessons</u> – Ages 5 and up, English or Western style instruction. The lessons are private and are an hour in length. The lessons days and times are flexible. The instructor will contact you upon registration to set up lesson day and time. Instruction provided by Jo-Ellen Lemanski. Registration fee is 4 lessons for \$175.00 residents/\$180.00 non-residents.

Adult Programs - Classes/Activities

<u>Sewing - Learn your machine</u> – Mondays, October 12^{th} , 6pm – 7pm. Do you have a sewing machine that's in the box? Do you need help threading and getting started? This skill builder is for you. Class instruction is virtual and provided by Ashley Parker. Registration fee is \$38.00 resident/\$43.00 non-resident.

Fitness

<u>ZUMBA -</u> Wednesdays, September 9th - October 14th, 7:00-8:00pm at the Blish Park Pavilion. The exciting simple dance routines done to Latin and International music will have you moving and grooving. Fee for the program is \$50 residents/\$55 for non-residents/ \$10 drop-in fee.

 \underline{Yoga} – Mondays, September 21st – October 26th, 6:30-7:30pm. Yoga stretching, strengthening and mindfulness. All levels welcome. Registration fee is \$70.00 resident/\$75.00 non-resident. Class instruction is virtual and provided by Janice Flanagan.

<u>**Yoga**</u> – Tuesdays, September 22^{nd} – October 27^{th} , 6:30-7:30pm. Yoga stretching, strengthening and mindfulness. All levels welcome. Registration fee is \$70.00 resident/\$75.00 non-resident. Class instruction is virtual and provided by Janice Flanagan.

<u>**Cardio Dance**</u> – Tuesdays, September 22^{nd} – October 27^{th} , 5:00 – 5:45pm. Registration fee is \$70.00 residents/\$75.00 non – residents. Class instruction is virtual and provided by Janice Flanagan.

<u>**Pilates**</u> – Wednesdays, September 23rd – October 28th, 6 - 7pm. Pilates we will strengthen the powerhouse muscles of the core, hips and legs. This is a full body workout. All levels welcome. Registration fee is \$70.00 resident/\$75.00 non-resident/\$15.00 drop in fee. Class instruction is virtual and provided by Janice Flanagan.

Trips/Special Events

<u>Town Wide Tag Sale</u> – Saturday, October 3^{rd} from 8:30am – 1:00pm. Registration forms online or available in Town Hall. Fee is \$25 with a deadline of September 29th, no exceptions.

Driveway Reflective Number Signs - The cost of the sign is \$35. Help emergency services personnel find your home without delay. Vertical sign is double sided 8" x 24" with 4" numbers on blue highway reflective metal. Order forms are online and at Town Hall.